





Million milestone for Metro

READERSHIP Metro newspapers are now read daily by more than one million people across Canada and Metro papers in Alberta are the leading free dailies in both Calgary and Edmonton according to a survey released yesterday by the Newspaper Audience Databank (NADbank).

"These numbers show we are a force to be reckoned with in Alberta," said Steve Shrout, Metro Alberta publisher.

"It seems like just months since we launched in the spring of 2007 and already Metro Calgary has become the city's number one free daily newspaper.

"The latest NadBank statistics give us the credibility to assure our readers and advertisers we are here for



Corner Gas's Gabrielle Miller.

Election 2008 pg 10

- Another Tory tasteless joke apology
- The Green vision
- Dion woos students
- Big cash for families



First-time buyer? Read our guide



The world's largest global newspaper

Hayley Wickenheiser, Ron Hulse, VP, Sales & Marketing Samsung Electronics Canada and Jarome Iginla team up to spread the spirit of hockey in Canada and announce Samsung's Get Together For the Game campaign yesterday.

Bystander may face blindness

Cops 'worst fears' come true, innocent man shot in the face

NEIL MACKINNON neil.mackinnon@metronews.ca

metronews.ca

A 24-year-old Brazilian-national and innocent bystander may be permanently blind after catching a stray-bullet just below his eye-socket.

After finishing a quiet evening dinner, the man and his girlfriend were walking home down the west side of Centre St. south Tuesday night around 10 p.m., stumbling across a scuffle between three men cops believe was over drugs.

A Caucasian man, about six-feet-tall with a shaved head and slim build, broke up the altercation between himself and two other men with gunfire and the Brazilian, who has only been in Calgary for six months studying at one of the city's post-secondary institutions, bore the unfortunate brunt, dropping him to the sidewalk where he was found by police.

ING M DIRECT

"Last night, one of our worst fears as a police service came true," Calgary police chief Rick Hanson said.

"This type of senseless crime is just unfathomable at times ... as a result of something totally unrelated to what he was doing, something he had no part in, now he's going to have to face the consequences of that for the rest of his life." months, Hanson warned it was just a matter of time before an innocent bystander was caught in the crossfire of escalating gun violence in Calgary and he called on all levels of government to enact laws with some real teeth to keep criminals from simply winding up back on the streets to perpetrate more crime.

'This is a very dark day in Calgary's history," said mayor Dave Bronconnier.

Stelmach says no to fixed election dates

JEFF CUMMINGS Metro Canada

Premier Ed Stelmach says he isn't keen to bringing in fixed voting dates to Alberta, but vowed his government will make changes later this fall on how provincial elections are handled.

And Stelmach made it clear to reporters in Edmonton yesterday his government will not allow prisoners to vote. "I can't see having someone that has been convicted of beating somebody up, or raping a woman, and then giving them the right to that's not the Alberta way," said Stelmach.

One promised change will see tions Alberta is given sole authority

Elec- Stelmach

to hire returning officers. "I'm happy to do it,"

said Stelmach, one day after the province's chief electoral officer released a 600-page report that contained 180 recommendations for electoral change.

The report recommends allowing prison inmates to vote, along with recom-

mending fixed election dates.

But having fixed election dates in Alberta wouldn't get more people to vote, said Stelmach, adding that municipal elections that are currently held on fixed dates have attracted poor numbers to polling stations.

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Dave Taylor received support yesterday in his bid for the province's Liberal party leadership as fellow Calgary Liberal MLA Kent Hehr tossed his support Taylor's way. Calgary-Mountain View MLA David Swann and former Edmonton-McClung MLA Mo Elsalhy are also bidding for the job. METRO CALGARY

3



"This is a serious matter because prices fluctuate dramatically. It puts pressure on families; it puts pressure on government services."

Premier Ed Stelmach commenting on the price of gasoline in the province and how the promotion of gasoline refining in the province would provide more price predictability.





Cityty

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Metro hits 1 million

For the first time, Metro Canada is more than one million strong.

According to results released today by the Newspaper Audience Databank (NADbank), Metro Canada broke the one million daily reader milestone for the first time in its history, strengthening its position as the No. 1 free daily in the country.

Metro Canada now reaches 1,091,800 readers every weekday, and 2,253,200 readers weekly in Montreal, Ottawa, Toronto, Calgary, Edmonton and Vancouver. That's a 26 per cent increase over NADbank's 2006-07 numbers, or 223,600 more weekday Metro readers.

"The atmosphere surrounding the success of Metro across Canada is exciting," said Bill McDonald, group publisher of Metro English Canada. "And we are only beginning to realize the full potential and power of this growing media brand."

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Metro Canada's readership strengthened in all markets. Readership climbed 16 per cent to 1,007,800 when comparing the four markets (Montreal, Ottawa, Toronto, Vancouver) measured from 2006-07 to 2007-08.

The 2007-08 results include initial readership fig-

ures for Metro Calgary and Edmonton, which launched in the spring of 2007. Calgary's initial readership is 43,700 daily and 82,800 weekly — nearly twice the reach of 24 Hours Calgary (19,500 daily, 72,800 weekly).

Metro Canada launched Metro Halifax in February. Readership results for Metro's coast-to-coast coverage will be available in March.

"With the addition of Halifax and the re-launch of our web strategy this year, along with circulation increases in Toronto and other markets, Metro will continue to experience substantial growth in the coming months and years," McDonald added.

METRO CALGARY

Putt challenge **Drawing a crowd**



Elias Power has his eye on the ball at yesterday's ATB Financial World Record Putt Challenge on Stephen Avenue.

2 hurt, 2 arrested in SE shooting

are in hospital and two men are in custody after gunshots broke the silence of Queensland in Calgary's southeast yesterday.

Witnesses said two methodical gunshots rang out around 11:40 a.m. near the corner of Queensland Drive and Queen Anne Close, forcing two local schools into lockdown mode while police secured the area.

One man was shot in the abdomen, city EMS platoon chief Doug Odney said, and the other was assaulted. Both were transported to hospital.

METRO CALGARY

metrenews.ca

What's online today.

Watch as the new Park Plus system has earned less revenue for the city and dismal reviews from couriers at www.metronews.ca/local Check out the emotional scene when a businessman who suffered a heart attack at the airport returned to Calgary to meet those who saved his life.

Lotteries

Lotto 6/49 7, 9, 17, 23, 27 and 32. Bonus 22. These results are not official.

Heart attack victim reunites with lifesavers

THANK-YOU Jim Pangle's permanent vacation only lasted 120 seconds.

Pangle, who had no history of heart disease or any warning signs, was waiting for a connecting flight to Toronto Aug. 18 when his heart stopped, everything went black, his knees crumpled and he hit the floor.

"I don't remember anything from it," said an emotional Pangle yesterday, after a reunion with the three people who brought his heart back into action after two silent minutes. "There aren't words to give the thank-you I feel."

Off-duty nurse Jill Schmitt was quick to Pangle's side, performing CPR while Calgary police constables Graeme Chisholm and Rod Mckay scooped up one of 22 automated external defibrillators at the airport, shocking Pangle into life.

"I was just doing what I had been trained to do," Schmitt said.

NEIL MACKINNON/METRO CALGARY



A murderer serving time in Bowden Institute just north of the city escaped Tuesday night. The RCMP says 61-year-old David Livingstone is a low-risk safety concern. METRO NEWS SERVICES

metronews.ca

Get outside, pitch in



Albert Carwanna of TD Bank, Angela Griffiths of Vancouver Aquarium and Noah O'Hara of the Calgary Zoo get down and dirty preparing for the 15th annual TD Great Canadian Shoreline Cleanup.

KRISTA SYLVESTER krista.sylvester@metronews.ca

What do traffic signs, bicycles, vacuum cleaners and fire hoses all have in com-

They have all been uncovered on Calgary's shorelines during previous city clean-ups, and the Calgary Zoo is inviting the public out on Saturday to help unearth more bizarre finds in an effort to help the envi-

The 15th annual TD

Great Canadian Shoreline Cleanup is a partnership between the Calgary Zoo, TD Bank and the Vancouver Aquarium, where it all started, according to director of conservation Angela Griffiths

'We started it in B.C. 15 years ago and it's grown ever since to the point where we now have 60,000 Canadians across the country cleaning up, including here in Calgary," she said.

Yesterday Calgary Zoo officials and TD Bank teamed up to launch the event before Saturday to create awareness and lead by example, says corporate educator Noah O'Hara.

"We want to inspire people to step up and do what they can for the environment and we thought this is a good way to get people involved and give back to the community," he said.

Calgarians are invited out to the zoo on Saturday at St. Patrick's Island at 10 a.m. to participate. For more information or to register please www.vanaqua.org/cleanup.

Shot man was targeted: Police

HOMICIDE A Chestermere man shot and killed on the front doorstep of his family's home Tuesday night was targeted.

Chestermere RCMP said police knew the victim and they're still on the hunt for his killer, who fled the Westlake residential subdivision scene on foot.

The RCMP K9 unit and HAWCS helicopter were dispatched to look for the suspect, but their search came up empty.

METRO NEWS SERVICES

Neighbours too sexy for kids' salon

BUSINESS Beaners children's hair salon on Bow Trail SW is moving in November, two months earlier than planned, because of a sex shop operating next door.

Manager Ashley Braun told Metro the store had to relocate by June 2009, but decided to move sooner since Adult Source Video opened.

"It hasn't really impacted business, but parents bring their kids here and they think it's unnecessary," she said, adding the new location is "familyfriendly." **METRO CALGARY**



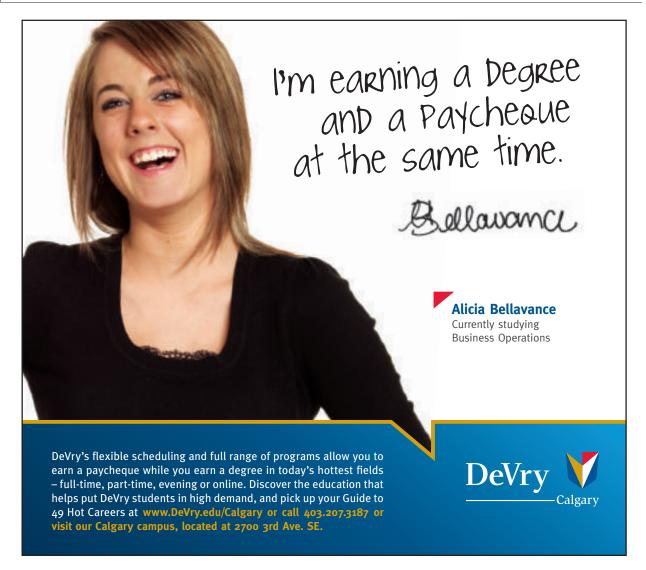
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18508 Stony Plain Rd
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18508 Stony Plain Rd
18508 Hospital Rd
18508 Stony Plain Rd
18508 Centre
Edmonton City Centre
Edmonton City Centre
Kingsway Garden Mall
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LETHBRIDGE Lethbridge Smartcenters Park Place Shopping Centre

RED DEER Bower Place Shopping Centre Parkland Mall



6 local

13 evacuated after gas leak

A gas leak in the city's southwest yesterday afternoon forced 13 people to be evacuated from two apartment buildings. Fire crews and

ATCO gas worked quickly to ensure the safety of the site in the 1500 block of 15 Ave. SW. METRO CALGARY

Home show a one-stop-shop

KRISTA SYLVESTER krista.sylvester@metronews.ca

It's touted as the "one-stop shop" for home and interior design but this year's Calgary Home and Interior Design Show is so much more.

Incorporating renovations, exteriors, interiors, furniture, lifestyle and more, this weekend Calgarians will be inspired at the popular event, says show manager Terri Higgins.

"Instead of driving around the city to price check, the show will have everything in one place. There are a lot of unique things to check out here too," she told Metro.

Higgins said there will also be popular HGTV show personalities making appearances including Kelly Deck and Wendy Russell from "Take it Outside" and "Get Crafty" respectively.

The show launches today at 4 p.m. transforming the Round-Up Centre into a stylish home centre and runs until Sunday.

Visit www.calgaryhomeshow.com for more information.



The Calgary Home and Interior Design Show wants to help update your home's look this season. The show opens today at 4 p.m. at the Roundup Centre.

Police opening up to public

DISCUSSIONS Hoping to engage the public and solve more crimes, Calgary police are hosting a series of community discussions in district 5 as part of a new pilot project.

The initiative is designed to strengthen the relationship between the city's northeast communities and police, which Const. Sean Lynn says will help fight crime. "We need the community's assistance during investigations to solve crimes and we hope this will strengthen the communication," he told Metro.

Tonight's session will talk about streets drugs and the signs of use at 7 p.m. at the Temple Community Association.

METRO CALGARY

News in brief

PLANES AND BEAMS Shining a laser beam into the oncoming path of a commercial plane has landed a man a \$1,000 fine. David Mackow, 29, pleaded

guilty earlier this year. The decision was released this week in a report on the ongoing problem the laser beams present planes.

METRO CALGARY

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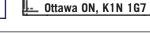
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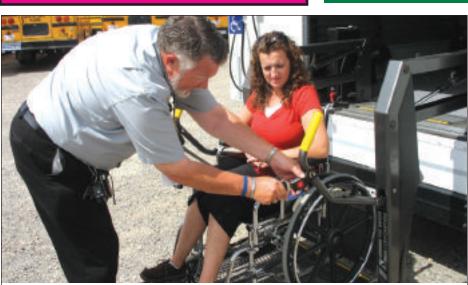
Qualified candidates will possess:

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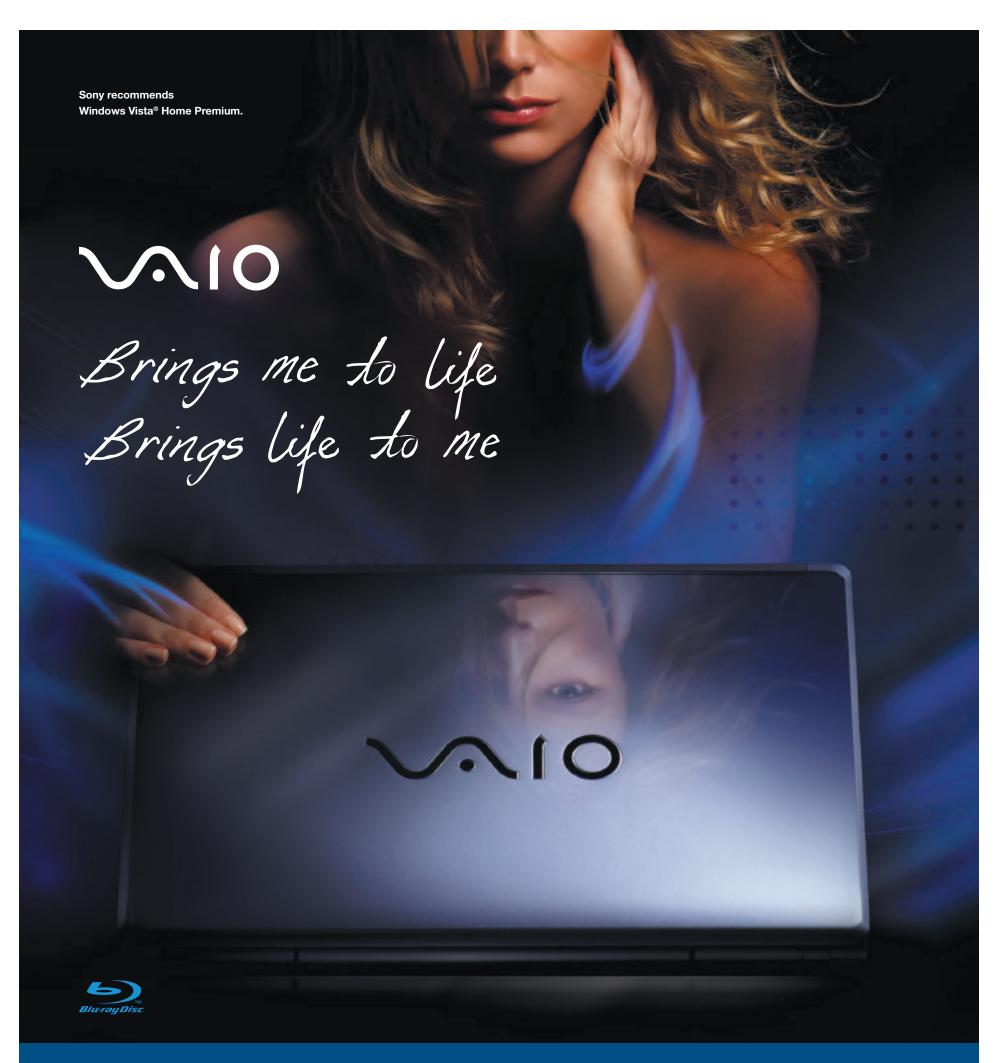
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Second-last Regina escapee captured

One of six men who escaped from a Regina jail last month has been apprehended, the RCMP said last night. Daniel Wolfe, 32, was arrested in Winnipeg, the RCMP said. He is the second-last convict to be recaptured following a prison break at the Regina Correctional Centre on Aug. 24. CBC NEWS ONLINE

Canada



Ontario man Tasered, dies

A 42-year-old Brampton, Ont., man has died several hours after being tasered during a struggle at a Peel police station. Sean Reilly went into medical distress and was rushed to a Mississauga health centre where he died yesterday at 4:45 a.m. Ontario's Special Investigations Unit is now probing the in-custody death, and has named four officers as subjects of their investigation. TORSTAR NEWS SERVICE

Alleged drug lord busted

Coluccio called 'King of International Drug Trafficking'

The image of former Toronto resident Giuseppe Coluccio has been splashed throughout the Italian media over the past 24 hours as American authorities announced one of the largest international drug busts in

Coluccio, who lived in the Toronto area under the alias of "Joe Scarfo," was dubbed the "King of International Drug Trafficking" when American and Italian auwhen thorities yesterday announced the arrests of 507

deported

• Coluccio, 41, was deported from Canada three weeks ago and is being held in an Italian prison awaiting trial on a series of outstanding trafficking charges.

of his alleged associates.

The Coluccio investigation was part of a larger operation which has resulted in mass arrests in Italy, the United States and Mexico. "He's one of the leaders of

the consortium that was the target of this operation,' said organized-crime expert Antonio Nicaso, who has lectured police forces on international crime.

"Canada was one of the destinations of the cocaine," Nicaso said.

Authorities say Coluccio's group was linked to an organization in Atlanta, which co-ordinated the transportation of truckloads of drugs and millions of dollars in currency.

TORSTAR NEWS SERVICE

Montreal On the hustings



Liberal candidate Justin Trudeau, left, campaigns yesterday in his Papineau riding in Montreal. Trudeau, as well as Mustaque Sarker of the Tories and Ingrid Hein of the Green Party, are trying to unseat incumbent Vivian Barbot of the Bloc Québécois.

Police nab 17 in bawdy house sting

OTTAWA Area police co-operated to arrest 17 people after nine common bawdy houses were busted in Gatineau, Que.

With the help of Ottawa police and the Canada Border Services Agency, Gatineau police arrested 17 people, including 13 women and four men.

"The Ottawa police and CBSA helped to identify the people," Gatineau Police Const. Isabelle Poirier

All of the suspects are Asian and between the ages of 30 and 40 years

They face charges of possession of stolen goods, being in a common bawdy house and holding a common bawdy house.

International

Laser Clinics

TRACEY TONG/METRO CANADA

Toronto shooting victim charged

BENDALE The 16-year-old who was shot in a botched robbery attempt on Tuesday was charged yesterday with armed robbery.

Mike Deicsis, an 18-year-

old, was also charged with armed robbery and failing to comply with a recognizance. Detectives are searching for two more suspects.

TORSTAR NEWS SERVICE

News in brief

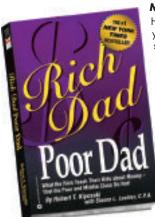
AFGHAN MISSION A financial watchdog is pledging to release his report into the costs of Canada's Afghanistan mission as soon as it is ready, although he's making no

promises it will be public before election day. But opposition politicians want the parliamentary budget officer to ensure his report is released before the Oct. 14 vote.

HEALTH Ontario will today announce \$21 million to fuel health research in the province. More than 100 projects will get a boost in funds.

METRO NEWS SERVICES

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10 canada

In the past 50 years, Canada has had eight minority governments: In 1957-58, 1962-63, 1963-65, 1965-68, 1972-74, 1979-80, 2004-05, and the government resulting from the January 2006 election. ELECTIONS CANADA

Election 2008



Billions pledged for families

Liberals, NDP roll out philosophies for social spending programs

It was family day on the campaign trail yesterday as the Liberals and New **Democrats rolled out** multibillion-dollar commitments for education and child care.

Prime Minister Stephen Harper's pledge was much more modest: He promised new measures to discourage children from accessing tobacco by banning additives such as cotton candy flavouring in tobacco products, and requiring cigarillos to be sold in larger quantities. He also condemned the opposition parties for

proposing costly programs he says the country cannot afford.

"Billions and billions of dollars every single day, all to be financed with taxes,' Harper said.

The pledges highlighted the contrast in social spending philosophies of the opposition parties and the incumbent Conservatives.

NDP Leader Jack Layton promised to make universal day care the free health care of this century, by enshrining it in law with a program that would cost \$1.45 billion in the first year.

Tory announcement

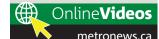
• The Conservatives quietly made their own big-ticket announcement yesterday, confirming \$1.9 billion already

Later in Kitchener, Ont., the Liberals revived their earmarked in the last federal budget to renew housing and homelessness programs over five years.

dream of a national childmake the announcement. The annual cost of their plan would rise to \$1.25 billion over a four-year period.

Dryden criticized the Conservative government for scrapping the Liberal child-care plan and replacing it with a \$100 monthly child tax credit. But when his leader came to the podium, it was clear the Liberals had decided to walk down the middle, offering both a national child-care plan and a tax credit.

TORSTAR NEWS SERVICE



Minority governments

Prime ministers through the years

- Stephen Harper (2006 to present)
- Paul Martin (2003-06)
- Jean Chretien (1993-2003)
- Kim Campbell (1993)
- Brian Mulroney (1984-93)
- John Turner (1984) • Pierre Trudeau (1980-84)
- Joe Clark (1979-80)
- Pierre Trudeau (1968-79)
- Lester (Mike) Pearson (1963-68)
- John Diefenbaker (1957-63)
- Louis St Laurent (1948-57)
- William Lyon Mackenzie King (1935-48)
- Richard B Bennett (1930-35) • William Lyon Mackenzie King
- (1926-30)
- Arthur Meighen (1926)
- William Lyon Mackenzie King (1921-26)
- Arthur Meighen (1920-21)
- Sir Robert Borden (1911-20)
- Sir Wilfrid Laurier (1896-1911)
- Sir Charles Tupper (1896)
- Sir Mackenzie Bowell (1894-96)
- Sir John Thompson (1892-94) Sir John Abbott (1891-92)
- Sir John A Macdonald (1878-91)
- Alexander Mackenzie (1873-78)
- Sir John A Macdonald (1867-73)
 - **METRO NEWS SERVICES**

"I believe our child-care program will be as important to building Canada in

this century as medicare was to building it in the last century," Layton told reporters at a day care in Toronto as toddlers played nearby.

care plan from three years ago, bringing Liberal incumbent Ken Dryden (York Centre), who developed a national child-care plan as minister of social development for former prime minister Paul Martin, to help

Hot water



Tory MP sorry for 'tasteless' jokes

COMMENTS Federal Agriculture Minister Gerry Ritz was forced to apologize yesterday for "tasteless and completely inappropriate" jokes on an Aug. 30 government conference call during the listeriosis crisis.

This is like a death by a thousand cuts. Or should I say cold cuts," Ritz quipped after fretting about the political dangers of the crisis.

And when told during the conference call about a new death in Prince Edward Island, Ritz remarked: "Please tell me it's Wayne Easter."

Easter, the Liberal MP for the P.E.I. riding of Malpeque, is his party's critic shadowing Ritz's Agriculture Department.

Both Easter and NDP Leader Jack Layton called for the minister's resignation last night.

TORSTAR NEWS SERVICE

May Looks Forward with Green vision

promises to significantly cut greenhouse gases, give tax breaks to businesses § and low-income earners, and increase GST to fund infrastructure projects.

The pledges were contained in an election platform released by party leader Elizabeth May in Halifax yesterday.

The platform focuses on the so-called "green tax shift," which uses money from new taxes on greenhouse gas emissions to fund tax cuts and reduce poverty. The result, according to an independent economist who crunched the numbers, would be a \$10.9-billion budget surplus in the first year, May

"I'm sure people know we have a vision of a better world. What I think may surprise people is that it's grounded in practicality," May said in a telephone interview.

The eight-page platform, called "Looking forward: A fresh perspective on Canada's future," is a condensed version of the party's 160-page Vision Green policy document, posted on its website before the Oct. 14 election was



Green party Leader Elizabeth May holds up a copy of her party's platform book yesterday during a rally in Halifax

Apology for NOT smoking pot

• Elizabeth May, unveiling an election platform that includes a proposal to legalize marijuana, apologized yesterday for not having smoked pot. "I am

called.

It emphasizes new and

expanded social programs

— such as universal child

not a fan of marijuana use. I have to confess this — I know all politicians are asked. I've never used marijuana. I apologize," said May.

care — suggesting the party's main target are voters also courted by Liberals, New Democrats and the

Bloc Québécois.

The Greens promise to cut greenhouse gas emissions to 30 per cent below 1990 levels by 2020, and 80 per cent by 2050. This would partly be achieved, the platform says, with a \$50-per-tonne tax on carbon emissions. That would add 12 cents to a litre of gas at the pumps.

TORSTAR NEWS SERVICE

News in brief

EDUCATION Liberal Leader Stéphane Dion yesterday announced hundreds of millions of dollars in grants and student loans to assist college and university students struggling with the high cost of post-secondary education. It's part of a four-year, \$1.2-billion plan that Dion said a Liberal government would introduce to help students.

TORSTAR NEWS SERVICE

days remain until the 2008 Canadian federal election



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booth



Anti-Jew, Muslim attitudes rise in Europe: Survey Anti-Muslim and anti-Jewish feelings are rising in several major European countries, including Spain, Poland and Germany, according to a worldwide survey released yesterday by the Washington-based Pew Research Center. REUTERS

World



Generic AIDS drug targeted

Brazil said yesterday it will start producing a generic version of a key AIDS drug, the latest step in the country's longrunning battle with pharmaceutical giants to bring down the cost of treatment for HIV patients.

Livni set to become new PM

Israeli foreign minister wins Kadima party leadership



Israel's Foreign Minister Tzipi Livni arrives to cast her ballot at a polling station in Tel Aviv.

Foreign Minister Tzipi Livni was set to be Israel's next prime minister after a comfortable victory yesterday in a party leadership election to choose a replacement for Ehud Olmert.

"The good guys won," the former corporate lawver and one-time Mossad intelligence agent told supporters within the ruling centrist Kadima party after exit polls gave her a clear margin over retired general Shaul Mofaz, the transport minister.

Livni received 47 to 49 per cent of votes cast on a turnout of about half of Kadima's 74,000 members. That was comfortably ahead of Mofaz's 37 per cent and well above the 40per cent threshold needed to avoid a runoff second round.

Palestinian peace negotiators – and possibly the sponsors of the peace process in Washington were among those applauding as official results began to confirm a win for Livni, who has led talks with the Palestinians.

But Livni will require combative spirit and flair to consolidate her goal of becoming Israel's first woman leader since the redoubtable Golda Meir in the 1970s.

Olmert has said he will resign as soon as Kadima has a new leader, but the outgoing premier, who could be indicted for corruption, has also vowed to stay on in a caretaker capacity until Livni forges her own coalition government. Only then can she assume the prime ministership.

Australia issues licence for cloning of human embryos

SCIENCE The Australian government has issued its first licence allowing scientists to create cloned human embryos to try and obtain embryonic stem cells.

The in vitro-fertilization firm Sydney IVF was granted the licence and reportedly has access to 7,200 human eggs for its research.

If the firm is successful it would be a world first, the Australian government's National Health and Medical Research Council said yesterday. The council was responsible for granting the licence.

Restrictions

• The creation and use of embryos is restricted by national legislation in Australia. Human cloning for reproductive purposes is banned.

Scientists in other countries have made stem cells they believe are similar to embryonic cells using a variety of techniques, but none have been able to extract embryonic stem cells from cloned human em-

Suicide car bombers at U.S. embassy in Yemen kill 16

TERRORISM Two suicide car bombers set off explosions outside the heavily fortified U.S. embassy in Yemen yesterday, killing 16 people, a Yemeni Interior Ministry official said.

The U.S. State Department said the bombings bore "all the hallmarks" of an attack by al-Qaeda, but

it has not yet been concluded who was to blame.

A group called Islamic Jihad in Yemen has claimed responsibility for the at-

Among the dead were six attackers and four bystanders. The rest were Yemeni security personnel.

News in brief

SPACE A Russian cargo ship carrying food, fuel, water, scientific specimens, a space suit and presents docked at the International Space Station yesterday

following a four-day delay after Hurricane Ike forced an evacuation of U.S. mission control in Texas last week, Russian media reported.

Palin causes Clinton to withdraw from protest

U.S. Senator Hillary Clinton cancelled her appearance at a demonstration next Monday against the president of Iran near the United nations after learning Republican vice-presidential candidate Sarah Palin will be

"(Palin's) attendance was news to us, and this was never billed to us as a partisan political event," Ĉlin-

Searching for a Career in Criminal Justice?

ton adviser Philippe Reines said in an e-mail.

Iranian President Mahmoud Ahmadinejad has caused outrage for saying that Israel should be wiped off the map. REUTERS

COLUMBIA



Women protest on Capitol Hill in Washington during a Senate Judiciary Committee hearing on the "Oversight of the Federal Bureau of Investigation (FBI)" where FBI director Robert Mueller testified yesterday.

Washington Protest at hearing



Turkish hotel fires randy male staff

TURKEY The Image Hotel on the Mediterranean coast of Turkey has fired all its male employees for repeatedly having affairs with foreign female guests, the hotel manager said yesterday.

The 27-room hotel now only employs female staff.

Russia paying for invasion: U.S.

ECONOMY Russia is paying a big price for Moscow's decision to invade Georgia, which spurred capital to flee Russia and weakened its currency, a senior U.S. official said yesterday.

The rouble has depreciated nearly 10 per cent since Russia crushed Georgia's attempt to retake the separatist region of South Ossetia last month. REUTERS



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Texas executed a man by lethal injection yesterday for the 1998 rape and murder of a 93-year-old woman. William Murray sexually assaulted and strangled his victim and made off with some change from a jar. REUTERS

world 13

Senate passes \$612B defence bill

GOVERNMENT The U.S. Senate yesterday overwhelmingly approved a \$612.5 billion U.S. defence spending bill for fiscal 2009, including \$70 billion U.S. for operations in Iraq and Afghanistan.

As passed on an 88-8 vote, the measure would authorize \$103.9 billion U.S. for Pentagon procurement, \$1.2 billion U.S. more than President Bush's request. Overall, Bush had asked for \$611.1 billion U.S. for national defence.

The bill shifts more of the costs of Iraq's reconstruction onto Baghdad. It also puts further restrictions on contractors working in Iraq. REUTERS

Beijing Paralympics Grand finale



Performers take part during the closing ceremony yesterday of the Beijing 2008 Paralympic Games at the National Stadium, also known as the Bird's Nest.

Antibiotics may be linked to cerebral palsy: study

A once-used practice of giving antibiotics to some women at risk of premature birth may have increased the odds their children will develop cerebral palsy and other problems, British researchers announced yesterday.

The study published in the journal Lancet looked at women at risk of premature labour who had no signs of infection.

The study was led by Sara Kenyon, a researcher at the University of Leicester.

"We don't think it is the antibiotics themselves but rather the situation the antibiotics are given in," she said in a telephone interview. "These findings

The study

Children whose mothers were given erythromycin had an 18 per cent higher risk of mild functional problems that included struggles with day-to-day problem solving over mothers who didn't take it.

mean doctors do not need to give antibiotics if a woman's water hasn't broken unless she has an infection."

Smoking, alcohol use and weight problems can increase the chances of premature labour, but the link to cerebral palsy was unexpected. REUTERS



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14

Buyers give troubled Alitalia new ultimatum, unions split

Italian group CAI told Italy's state-controlled airline Alitalia yesterday it would propose pulling an offer to rescue the airline from bankruptcy if the offer does not get union approval. Only three of nine unions said they were ready to accept CAI's offer. REUTERS

Business

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EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Investors fear U.S. losses, TSX bearish

Toronto's premier stock index closed in bear market territory and at a two-year low yesterday as investors punished financial stocks amid concerns that Canadian insurers and banks could face steep losses over their exposure to the decaying U.S. financial industry.

New York's benchmark exchange, meanwhile, fell almost by more than 450 points as traders panned the U.S. Federal Reserve's massive \$85 billion U.S. bailout of cash-strapped insurance giant American International Group Inc. That soured sentiment came as a high-ranking Standard & Poor's official suggested the rescue plan had "weakened the fiscal profile of the United States.

But gold shares glistened as bullion prices recorded

"The fear is still palpable out there."

David Chapman

their biggest one-day gain ever in dollar terms.

At the close of trading, Toronto's S&P/TSX composite index lost 349.3 points to 11,877.69. The index has fallen 21.19 per cent from its June 18 record high of 15,073.13.

"I thought it was a bear market eons ago," said David Chapman, a technical strategist with Union Securities Ltd. "The fear is still palpable out there. We are probably at — or near — a temporary low the events of this past couple weeks or so have just been mind-spinning."

TORSTAR NEWS SERVICE

Electric car Commuter curiosity



The new-generation Reva electric car is seen in this undated photo near the Indian Parliament building in New Delhi. The cars, produced in Bangalore, can be seen tootling around the city's streets, drawing curious looks and smiles.

Nortel in crisis again, plans restructure

TELECOM Nortel Networks Corp. shares plummeted 52 per cent to close at \$2.76 a share in Toronto yesterday as it cut its revenue forecasts, prepared for a new wave of layoffs and said it was looking at selling one of its businesses.

Blaming the weak economy and cutbacks in spending by telecom companies that buy their products, Nortel projected lower third-quarter sales than analysts had expected, sending shares down to a record

Maple Leaf plant linked to listeriosis outbreak reopens

OUTBREAK Production resumed yesterday at the Maple Leaf Foods deli meat plant at the centre of this summer's deadly outbreak of listeriosis food poisoning.

The Toronto-area facility will increase production gradually, but no products will be distributed until inspectors have verified that enhanced safety procedures are working, Maple Leaf chief executive officer Michael McCain said.

"I think it would probably be reasonable to expect "Expect the product on the shelves mid to late next week."

Michael McCain, CEO

the product on the shelves mid to late next week," Mc-Cain told a news conference in Toronto.

The Canadian Food Inspection Agency said it has allowed the plant to run for a three-day period during which products will be held and tested.

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Group Publisher, Bill McDonald Editor-in-Chief, Dianne Rinehart Art Director, Laila Hakim National Sales Director, Susan Courtney Interactive Director, Jodi Brown

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Business in brief

ACQUISITION Biovail Corp. announced yesterday it is acquiring U.S.-based drugmaker Prestwick Pharmaceutical for \$100 million U.S.

OIL The viability of Petro-Canada's Fort Hills oilsands project is being threatened as costs balloon 50 per cent to \$21 bil-

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Sports

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Beware the Don, says Copeland

Jeremaine Copeland is warning his Calgary Stampeders teammates to expect the unexpected when they host the Toronto Argos Saturday at McMahon Stadium (4:30 p.m.)

New Argos head coach Don Matthews, who guided Copeland to a Grey Cup championship with the Montreal Alouettes in 2002, will try almost anything to shake up the Double Blue, who have struggled to a 4-7 start this sea-

Among several personnel moves this week, Matthews is expected to bench quarterback Kerry Joseph, last season's Canadian Football League MVP, in favour of backup Cody Pickett. It would be Pickett's first CFL start.

"He's not afraid to shake things up, he'll bring his style and there will be a lot changes made," Copeland said.

"That's why this game is crucial for us because we have to expect the unexpected. He'll throw some kind of trickery in their playbook, a change up on defence or add different plays on offence or special teams. That's the kind of thing he does."

Matthews, who took over last week from Rich Stubler, watched Joseph throw three interceptions in a blowout loss to Winnipeg, sparking the roster move.

As the dean of CFL



Calgary's Stampeders Jeremaine Copeland has warned his teammates about what to expect from Argos coach Don Matthews.

coaches, Matthews has earned a reputation of being an innovative players' coach who commands respect while posting 231 regular season wins, the league record. Along the way Matthews earned 10 Grey Cup rings — five as head coach and another handful as an assistant. It is Matthews' third stint in Toronto while his return to the Argos marks the end of a two-year "retirement" for the CFL legend, now push-

ing 70.
"He brings a different swagger to that team and makes those players want to walk with their own swagger and a belief that they're going to be winners and prepare to win and go out and execute," Copeland said.

"He's the winningest

coach in CFL history for a reason.

"The vets in this league who have played for him and know him automatically give him respect. You have to respect that kind of coach and players love to play for that type of guy."

Matthews has also added former Alouettes linebacker Tim Strickland and one-time NFL defensive lineman Claude Harriott to bolster the Argos lineup.

While the Argos have floundered, the Stampeders once again find themselves in position to reclaim a share of first place in the CFL West. The 7-4 Stamps are tied with the Edmonton Eskimos for second, two points behind the Saskatchewan Roughriders

Edmonton at Montreal, 1

Tampa Bay at Chicago, 1

Arizona at Washington, 1

Miami at New England, 1

WEEK 3

SUNDAY'S GAMES

Hitmen look to be force once again

LAURENCE HEINEN

season.



HOCKEY Despite missing several key cogs from last year's squad, the Calgary Hitmen expect to be competitive once again this

The Hitmen open the Western Hockey League season on Friday (7 p.m.) against the Red Deer Rebels at the Pengrowth Saddledome.

"Our philosophy is we prepare to win every game," said

Dave Lowry, prior to his first season as Hitmen head coach after Kelly Kisio decided to concentrate



Dave Lowry

solely on his duties as general manager.

Gone from last year's squad are captain and defensive stalwart Karl Alzner and high-scoring forwards Ryan White, T.J. Galiardi and Brock Nixon.

The Hitmen also sent eight other veteran players to NHL camps and Lowry wasn't sure which ones will return in time for Fri-

day's game. "That's our biggest uncertainty right now is who's going to be here opening day," Lowry said.

Other question marks include whether 20-year-old veteran Dan Spence or 18year-old incumbent Martin Jones would win the starting job in goal and which of five 20-year-old veterans would fill just three overage spots on the team.

"We'll see how it plays out," Lowry said. "Some guys will push in and some guys will be pushed out."

Up front, the Hitmen will rely on scoring from returning forwards Brett Sonne, Kyle Bortis, Carson McMillan, Ian Duval, Bostjan Golicic, Brandon Kozun and Ian Schultz. while defencemen Paul Postma, Michael Stone and Keith Seabrook are in the mix to lead the way on the back end. Fans are encouraged to arrive early Friday as a pair of banners will be raised to the rafters for being Central Division and Eastern Conference champions last year.

Sports in brief

NFL Indianapolis Colts safety Bob Sanders is expected to miss at least the next four weeks because of a high ankle sprain.

NHL Carolina Hurricanes right wing Justin Williams will undergo surgery to repair a torn right Achilles tendon, the team announced yesterday. The 26-year-old is expected to miss the next four to six months.

METRO NEWS SERVICES

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Seattle at Kansas City, 2:10 L.A. Angels at Oakland, 3:35 Chicago W. Sox at N.Y. Yankees, 7:05 Baltimore at Toronto, 7:07 Minnesota at Tampa Bay, 7:10

SUNDAY'S GAME:
Houston at Tennessee, 1
Oakland at Buffalo, 1
Milwaukee at Chicago Cubs, 2:20
Houston at Florida, 7:10
Part of the Carolina at Minnesofa 1
Florida, 7:10 Philadelphia at Atlanta, 7:10 N.Y. Mets at Washington, 7:10 St. Louis at Cincinnati, 7:10 San Francisco at Arizona, 9:40

WEEK 12 TOMORROW'S GAME Winnipeg at Hamilton, 7:30 SATURDAY'S GAMES Toronto at Calgary, 6:30 B.C. at Saskatchewan, 9:30 SUNDAY'S GAME

Cincinnati at N.Y. Giants, 1 St. Louis at Seattle, 4:05

Detroit at San Francisco, 4:05 New Orleans at Denver, 4:05 Cleveland at Baltimore 4:15 Jacksonville at Indianapolis, 4:15 Pittsburgh at Philadelphia, 4:15 Dallas at Green Bay 8:15 MONDAY'S GAME N.Y. Jets at San Diego, 8:30

metro



SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

New rules spark debate

Consumer still at risk with mortgage changes: Experts

BRIAN TOWIE brian.towie@metronews.ca

The change to mortgagelending practices isn't the crackdown it's meant to look like, experts say, and it doesn't make Canadians any safer from large debt.

In July, Ottawa announced a decision to tighten rules governing pracmortgage-lending tices to protect Canadian homebuyers. Under these rules, the amortization period for financial guarantees from the government for insured mortgages meaning Ottawa pays off a mortgage insurer should a worst-case scenario happen and a buyer is unable to pay the premium — has been reduced from 40 years to 35 years and under. Homebuyers also need a minimum down payment of five per cent, ef-

fectively eliminating zerodown mortgages. Buyers also now require a minimum credit score.

The changes sparked nationwide debate among owners and buyers as to whether it helps or options. limits John Podlewski, president of debt elimination service Debt Freedom Canada, says this is a case of optics. He argues Ottawa is putting on the air of shielding homebuyers from 40-year amortization periods, but the difference between them and 35-year periods is marginal at best (see chart, below).

"Nothing has happened to protect the consumer from debt. You might have more money in-pocket with a 40-year period, but 100 per cent owing going in is 100 per cent owing coming out the back end," he said. "The financial in-



Canada's homeowners collectively carry \$900 billion in mortgage credit. That number grows by 10 per cent every year.

stitutions are still making a buck, and the government gets to look like the good guy.'

On Tuesday, Prime Minister Stephen Harper said in order to stimulate the economy, first-time homebuyers would receive a tax credit of up to \$750 should a Conservative government be elected to office. But an expert estimated its impact would be modest: Doug Porter, deputy chief economist at the Bank of Montreal, told the Canadian Press that such an incentive would be unlikely to draw in new homebuy-

A possible reason for the existing changes, speculates Jim Murphy, president and CEO of the Canadian Association of Accredited Mortgage Professionals (among the groups Ottawa consulted before making the new rules), is

that more homebuyers, particularly young ones, are choosing no-moneydown mortgages with longer-term amortization periods. Amounts owing are growing as well: Murphy says Canada's homeowners collectively carry \$900 billion in mortgage credit. That number grows by 10 per cent every year.

'Thirty-seven per cent of Canadians who have taken out a mortgage in the last year have chosen amortization periods of 30, 35, and 40 years," Murphy said, citing a report his group published in 2007. (This year's report is due in late October.) "It will be much higher when we ask them that question this year."

What has been underreported in the media, Murphy says, is the disadvantage the changes present to immigrants looking to buy a home.

"How does a new Cana-

dian, with some income but a zero credit score, get a mortgage that requires a minimum credit score of 620 to be guaranteed?" he asks.

In terms of hurting the buoyancy of the housing market, Murphy thinks the new rules will have minimal effect. While in a slowdown, he says it still remains strong. In terms of protecting consumers from crippling debt and a house-rich-cash-poor situation, Podlewski says the changes have even less ef-

"You need to plan your entire future. Your house is only a part of it," he added. "Do you want to serve coffee at 65 because you haven't properly planned and you owe too much money? I get my Tim Hortons in the morning and it's either a snow-top or a no-top behind the counter. It can happen to you."

Comparing a 35-year amortization period to a 40-year amortization period

Here's a hypothetical look at what you'd pay on a mortgage with both a 35-year and 40year amortization period. Numbers have been determined using Filogix Expert, an industry standard point-of-sale system.

Mortgage 1

- Amount: \$200,000
- Interest Rate: 5.45 per cent Amortization: 35 years
- Term: 60 months
- Disclosure Rate: 5.45 per cent
- Payment Frequency: Monthly Compounded: Semi-annually
- Monthly payment: \$1,059.55
- Total Payments: \$63,573
- Total Interest: \$52,489.77
- Total Principal: \$11,083.23
- Balance Remaining at Maturity:
- \$188,916.77

Mortgage 2

- Amount: \$200,000
- Interest Rate: 5.45 per cent

- Amortization: 40 years
- Term: 60 months
- Disclosure Rate: 5.45 per cent
- Payment Frequency: Monthly
- Compounded: Semi-annually
- Monthly payment:\$1016.50 • Total Payments: \$60,990
- Total Interest:\$52,863.77
- Total Principal:\$8,126.33 Balance Remaining at Maturity:
- \$191,873.67

SOURCE: DEBT FREEDOM CANADA



18 first-time home buyers

Practice makes perfect

VAKIS BOUTSALIS for Metro Canada A

Just bought a new house? Want to try some do-it-yourself designs, but are a little intimidated? Peter Fallico, host of the upcoming HGTV series Home to Flip, has some advice: Go practise on your friend's house first.

"Find out if someone you know is doing some renovations and go hang out, and ask questions," he says. "You learn through other people."

Exposing yourself to doit-yourself design in small increments is helpful because it allows you to build confidence in your abilities. In Fallico's case, it was that confidence that motivated him to continue with designing.

"My own history is that I was just peddling around with stuff, and slowly, slowly, I kept learning, and picking stuff up," he says.

That is why Fallico says it's important to be honest with yourself when you are first starting out.



A renovated backyard from the new HGTV series Home to Flip.

"Assess your own skill level," he says, adding: "Don't jump into anything that is too ambitious."

If you can't find any friends to help break you into the world of design, Fallico suggests visiting the flea market for potential projects that can be as simple as buying something and then taking it home and painting it.

"Paint is one of the easiest ways of adding character and personality, and it's relatively inexpensive," he says.

After gaining some confidence with smaller projects, you can delve deeper into the world of do-it-yourself design. There is an abundance of resources available.

"It's amazing," he says.

"All the retailers are getting better with what they carry. Even the big box stores."

Some of his tips include using large pieces of artwork or mirrors in rooms in order to make an impact, as opposed to smaller pieces. He also suggests mixing vintage elements into rooms as a way of breaking up that "showroom" feel.

And while the recent ex-



Painting is one of the easiest ways to add character to your home, designer and HGTV host Peter Fallico says.

plosion of resources means design is readily available, it's also important to not get overwhelmed, or even worse, carried away.

"It's easy to go too far when you are designing," Fallico warns

Home to Flip, which will highlight Fallico's do-it-yourself background as he tries to renovate and sell a house, debuts on Oct. 2 on HGTV.

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Faux is the real deal

de're wild about the faux wilderness style of décor that is popping up all over the place these days. That's right, Tammy and I are nuts about the antler chandeliers, faux animal prints on pillows and throws, faux animal skin rugs and faux animal heads for the wall.

Don't make the mistake of thinking this is cheesy — we know it can sound that way. But these faux furnishings actually add a touch of humour because they are often stylized images of the real thing, in wood, cardboard, ceramic or other synthetic materials. At the same time, these items give a nod to our ancient and necessary relationship with animals and the meat and skin they provided. A kind of homage, if you will.

We think this is fitting, since many of those animals that we once relied on for food and warmth are now endangered or decreasing in numbers.

Thank goodness, then, that these products are available in faux form, because we continue to love the look of a little wilderness in our home decor. Higher-end stores have



been showing these types of items, tastefully and unexpectedly mixed in with traditional furnishings or with clean modern ones.

Both work.

What we absolutely love about the faux look is that it gives decor a delightful snap. It introduces drama into an otherwise ordinary room.

Try introducing faux animal prints on accent pillows, throws, lampshades, or on the floor as a rug or even as a floor painting.

One bold way to introduce this look is through an animal print stair runner. Ways to introduce just a splash of animal print could be an accent on existing drapery, table runners, or place mats. Animal print patterns have the delightful property of being ageless but also new and edgy. You can mix different kinds of animals prints. Just use different sized patterns to avoid de-

signs that compete with each other. Another tongue-in-cheek addition to the faux wilderness scene is the fake animal head. Check out website cardboardsafari.com to get one take on a faux animal head. And check out decor stores for antler lamps, i.e. chandeliers or table lamps made of antlers inset with small LED or halogen lights. You may also add to the wilderness theme through selected pieces of furniture made of naturallook elements: Pieces of fake hide or fur, fake horns as legs, chairs upholstered in fake furs.

Painting a fake tortoiseshell look onto a piece of furniture or an accessory such as a tray or picture frame can also be an intriguing look.

Above all, please avoid the matchy look. Too much of either a rustic cottage or dramatic African theme will look contrived — it will spoil the unexpected and pleasing addition of touches of wilderness decor in a tastefully decorated but very proper

We insist on subtle — a few artful touches makes the look, and too much ruins it completely.

Tammy Schnurr and Jeffrey Fisher are hosts of Arresting Design on W Network.



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20 lifestyle

The most difficult thing about a pear is having patience — waiting long enough for them to be ripe, but not overripe. A firm pear can take up to a week to ripen. To ripen quicker, place in a loosely closed brown paper bag. Handle pears with care to avoid bruising. METRO NEWS SERVICES



"Unlike many fruits, pears should be picked green — they ripen and improve flavour once off the tree."

-Barb Holland/for Metro Canada



For eating, pears should be soft enough to yield to gentle pressure; for cooking, choose pears that are still a little firm.

Pear patience

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

What a perfect pear



Crisps are wonderfully easy to toss together and much less stressful than making pastry. They are also wonderfully tasty, particularly served warm with ice cream, frozen yogurt or custard.

Pear and Cardamom Crisp

This is an all-purpose fruit crisp — use seasonal fruit, peeled if necessary and match fruit with spice such as pears with cardamom, peaches with nutmeg or apples with cinnamon. Add some berries or dried fruit — raisins or cranberries, or dried chopped candied ginger. You can also add nuts to topping for a little added crunch. Makes 4 servings.

INGREDIENTS:

- 4 to 5 cups (1 to 1.25 L) sliced (firm but ripe) pears • 1/2 cup (125 mL) berries (blueberries, blackberries,
- fresh or dried cranberries) • 1/2 cup (125 mL) oatmeal, rolled oats or quick cooking (not instant)
- 1/2 cup (125 mL) brown
- 1/4 cup (60 mL) all-purpose flour
- 1/2 tsp (2 mL) ground cardamom (or nutmeg or cinnamon)
- 1/4 cup (60 mL) melted butter

METHOD:

Preheat oven to 350 F



One medium pear has about 100 calories and is a very good source of dietary fibre (remember to eat the skin) and a good source of vitamin C.

(180 C). Place pears and berries in a buttered 6 cup (1.5 L) baking dish.

Combine oatmeal, flour, sugar and cardamom. Stir in butter until mixture is all moistened; spoon evenly over fruit. Bake 40 to 50 minutes or until fruit is tender and topping is crisp. Serve warm.

• Pick of the Crop: The most common pear is a Bartlett, a bell-shaped, sweet pear with a light green skin that turns yellow when ripe. **Bosc** pears, a later season pear, are elongated with a slender neck, russet-coloured skin and a fine texture. With a more crunchy texture, these hold their shape,

making them good for baking or poaching. Anjou pears are more egg-shaped, aromatic and mildly sweet; they show traces of yellow when ripe. Harvested in the fall, these pears store well into the spring.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Tart has a bittersweet affair

The Modern Baker by Nick Malgieri is a collection of 150 straightforward recipes with gourmet appeal, striving to bring success to even the busiest of bakers, with the bulk of the preparation taking under one hour. DK Publishing offered Metro a recipe for this decadent tart:

Bittersweet Chocolate Tart

Nothing could be simpler — or better — than this tart. The flavour of the filling is of course entirely dependent on the quality of the chocolate you use, so hang the budget and get the best available — you only need a single pound. We're fortunate that chocolate is now labelled with its cocoa content the actual percentage of ground-up roasted cocoa beans used in the mixture. For this tart, I use chocolate in the 65 to 70 per cent range. More than that might be just a little too

INGREDIENTS:

- 1 cup heavy whipping cream
- 1 cup light corn syrup
- 1 pound (450 grams) bittersweet (not unsweetened) chocolate, melted and cooled
- 6 tablespoons unsalted butter, softened
- One 10- or 11-inch (25- or 28-cm) Press-In Cookie Dough crust, (recipe available in the book, pg. 165), baked
- 1 tablespoon chocolate
- shavings for finishing • Confectioners' sugar for sprinkling

METHOD:

Combine the cream and corn syrup in a medium saucepan and whisk well. Place over medium heat and bring to just a slight



The Modern Baker is available at Amazon.ca for \$23.94.

simmer - about 140°F (60°C). Pour the cream into a bowl and let it cool to 110°F (45°C) — you'll be able to insert a fingertip in the cream and leave it there without any burning sensation.

Pour the cooled cream mixture over the chocolate and use a small whisk to mix it in, just to combine smoothly, without whisking air into the mixture. Let the ganache stand at room temperature until it is cool to the touch, about 85°F (30°C).

Whisk in the butter, a couple of tablespoons at a time. The butter has to be very soft — the consistency of stiff mayonnaise — or it will form lumps. Once all the butter has been incorporated, scrape the filling into the prepared tart shell and smooth the top. Refrigerate for 1 hour to set the filling.

After the filling has set, bring the tart to room temperature for 1 to 2 hours before serving. Just before serving, scatter the chocolate shavings in the centre of the filling and dust them very lightly with confectioners' sugar.

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The Style Network and the U.S. edition of Marie Claire have partnered on a new documentary series called Running in Heels. REUTERS

lifestyle 21

Style

Coat details add interest



coats

The wool coat can usually be summed up with the thought of a double-breasted pea coat but this year that typical look is out. This fall coats will be a little bit more interesting with oversized lapels, pocket details and different necklines. Tip: Try the coat on in store with layers. You'll be layering quite a bit come late fall so you'll want to make sure there will be enough room for thick knit sweaters or hoodies.

accessory

Want a picture perfect look? Highlight your cheekbones with this All Over Shimmer Liquid Luminizer by Stila, \$25. Available at Sephora (sephora.com).

shoes

A tappered heel, a round toe and a thick strap — a perfect formula for a fall shoe and yes Mary Janes are back and have never looked better. If Mary Janes aren't a staple in your closet already, this is the perfect time to buy; there are loads of designs available to fit your personal style. Pair with knit tights or coloured knee high stockings for a tribute to old school fashion.

tip: Spray hairspray on your stockings before putting them on. The hairspray will prevent your stockings from running. — *thelistmaven.com*.



ask kim

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E-mail your style questions to kim.elbo@metronews. ca.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



Oscar? No thanks



Tilda Swinton has given the Oscar she won for best supporting actress for her role in Michael Clayton this year to her agent, insisting the trophy "doesn't mean that much." IMDB.COM

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Entertainmen

Wonder-ful news

and star in The Eighth Wonder, an action adventure based on an archaeological discovery, it has been reported.

EDITOR: TINA COSTANZA, TINA.COSTANZA AMETRONEWS.CA

Death Magnetic soars up chart

MUSIC Metallica's first album in five years soared to No. 1 on the U.S. pop chart yesterday, while Jessica Simpson's country debut and hip-hop icon LL Cool J's label swan song faltered.

The hard rock band's Death Magnetic sold 490,000 copies during the week ended Sept. 14, according to Nielsen Sound-Scan. But it was on sale for only three of those days, because it was released worldwide on Friday. Albums usually come out on a Tuesday.

Metallica's previous studio release, St. Anger, started with 418,000 copies and was ultimately considered a critical and commercial disappointment. The last Metallica album to stage a larger opener than Death Magnetic was 1996's Load, which rolled 680,000 units in its first frame.

Metallica roars back

Metallica

Album: Death Magnetic Label: Warner Rating: #####

FIELD, Lars Ulrich, Kirk Hammett and Robert Trujildeserve

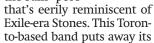


more credit. Calling Metallica a heavy-metal act doesn't do their best music justice. The band's grityour-teeth, relentless arrangements can be orchestral in scope: Imagine Wagner on a bad day, with access to electric guitars and a stack of Marshall amps. Death Magnetic's Suicide & Redemption doesn't meander evolves. Hard, fast & skillful, but always tuneful and capable of different shades of intensity. Jim Reyno

FemBots

Album: Calling Out Label: Weewerk **Rating: ●●●**

DAVE MACKIN-NON and Brian Poirier combine in a gotthe-world-bythe-balls pose



arty toys and comes up with gritty, and at times brilliant, rock album filled with anti-

gospel hymns (Good Days, God Keep Our Hands Clean), paranoid road songs (Get In The Van), twisted love ballads (Can I Be Your Mirror), yarns of dubious glory (J.L. Recalls His Amazon Adventure ...) and tales of impending disaster (Ship Breaking). The Fembots forge beauty from chaos.

Graham Rockingham

Death Magnetic, Metallica's ninth studio album, is in now out.

Nelly

Album: Brass Knuckles Label: Derrty/Universal Rating: ⊕⊕⊕½

THERE ISN'T **ANYTHING** on Brass Knuckles as accessible as Nelly's signature Ride tunes

Wit Me or Hot In Herre. But Brass Knuckles is an

Album**Reviews**

music@metronews.ca

all-star mix of R&B and hip-hop with some solid hooks throughout. A few tracks really connect: LA with the Snoop and Nate Dogg(s), taken at Snoop's trademark easy pace; Self-Esteem with Chuck D elevates the game lyrically. And Lie with St. Lunatics is a hummable (if foulmouthed) tale of cheating/misinformation. Brass Knuckles is no knockout punch, but a good shot. You feel it.

On the web

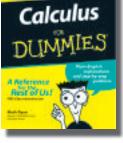
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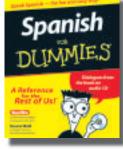
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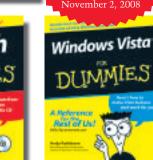
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Oteri's Legal move

Saturday Night Live alumna Cheri Oteri will turn up on Boston Legal during the ABC series' final season, which premieres Monday. TVGUIDE.COM



entertainment 23

Take School Survival 101



he best time in my life wasn't my nine months abroad or even my daughter's first year. (Sorry baby, but you had colic.)

Instead, when I'm an old woman with sagging tattoos, even worse eyesight and purple hair (wait, that was last month), my first year at university will remain the closest to my heart. That doesn't mean those initial few weeks, which Calgary students are living right now, were problem-free. I was terrified. I felt shipwrecked in a faceless crowd.

University of Calgary harassment adviser Shirley Voyna Wilson says this anxiety wasn't born of my own neurosis (for once). Rather most freshies feel lost. "They're scared," she says. "They wonder if anyone will like them."

In response to these worries, Voyna Wilson got Sexxxy. Well actually, she created a drama production called Sexxxy that tackles first-year student issues. For those who slept through its showings, Voyna Wilson dictated some notes to me on common first-year troubles. I've added my own remedies for the frosh week blues.

1. Sparking Friendships:

Classmates are a crap shoot since your common interests might end at Geography 101. At least attending a show like Against Me! (MacEwan Hall, U of C campus, Saturday) increases your chances of meeting musically like-minded people.

2. Over-Imbibing:

I hate to sound like your mom here, but let me assure you I've faced down enough toilets to spew some wisdom at you now. Know your limit and buddy up with someone who cares about how you're



It's just common sense: Know your limit when it comes to drinks.

getting home. Whatever you do, please hold the Tequila until after your musical performance during the Liberty Lounge's (MRC campus) Wednesday night karaoke.

3. Saf(er) Sex:

If there's an asterisk by your name on the top of the sex list (I thieved that line from The Dudes who're playing tomorrow night at The Gateway, SAIT campus), please use protection. Maybe it doesn't feel as good. But hey, neither does itching and burning.

4. Broken Hearts:

Voyna Wilson says students' studies sometimes suffer from failed relationships. Most campuses provide counselling resources. Check your school's website for contact information.

5. Schoolwork:

Unless you're an accountant, engineer or something else nerdy, your GPA is irrelevant. On the flip side, flunking out sorta ruins a resume. So despite the drinking, sex and relationship snafus, try to study.

Just try, ok.

Politicians' battle rich in irony

IntelleVision



POLITICS IS HOLLYWOOD FOR UGLY PEOPLE: That's the old saying, but even if you're not bad looking, you'll still be swimming through a sea of ugly. There's been very little that you can call edifying in the U.S. election race so far, and it's reached a point where the only thing you can salvage from the whole miserable process is an appreciation of the irony, which has been thick on the ground.

Ever since she was announced as John McCain's running mate, Alaska governor Sarah Palin's resemblance to 30 Rock star and creator Tina Fey started a countdown clock on Fey's inevitable return to Saturday Night Live to pile up her hair and play Palin. As you probably know by now, Fey was front and centre when SNL returned for the fall season last weekend, sharing a podium with Amy Poehler's

Hillary Clinton for a skit that got most of its fuel from the often bitter sexism Clinton dealt with in her ultimately failed bid to land the Democratic nomination.

Unfortunately, McCain's campaign team decided to play the outrage card, and sent McCain adviser Carly Fiorina onto MSNBC to protest that Fey's portrayal of Palin was "sexist."

What the SNL skit didn't - or couldn't — mine for its comic potential was that, by the time she was forced out of the primary race, most of the really nasty sexism being directed toward Clinton was coming from her own party, which is now happily spewing it in Palin's direction without the small but nagging protest from their conscience. By the time the election is over, the U.S. will either have a black president or a woman closer to the oval office than ever before. The really amazing thing is that, considering what has to be endured to get there, that anyone even bothers.

> Rick McGinnis writes about music, movies, books and television, but not opera.

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critics'corner_

Johnny Tootall

An aboriginal soldier goes from one war to another in this 2005 made-for-TV drama. Adam Beach plays the title character, who comes home from Bosnia with a new addition to his list of demons: a shameful murder. Now he finds himself confronting his own estranged brother in a battle for sacred land, and there are big decisions to be made. Nathaniel Arcand, Alex Rice and Sheila Tousey also star. 7 PM on BRAVO



Grey's Anatomy

Meredith and Derek (Ellen Pompeo, Patrick Dempsey) need some concrete results. Too bad they can't just borrow some concrete. In this episode, while the two of them take their last shots at success in their clinical trials, the other surgeons try to free a boy from a block of cement before it hardens. Izzie and Alex (Katherine Heigl, Justin Chambers) share the care of a patient, and Lexie (Chyler Leigh) gets the scoop on George (T.R. Knight).

24 entertainment



Scarlett Johansson and Eva Mendes have joined forces to encourage Americans to recycle their old cellphones. The actresses both star in a new campaign film for the Environmental Media Association. IMDB.COM

Celebrity Buzz

Kate Hudson happy to get raunchy role

Kate jumped at the chance to star in upcoming movie My Best Friend's Girl because she relished playing a sexually aggressive woman, imdb.com reports.

The actress plays a lawyer in the film, which features strong language and sexual content.



certain things most people say to each other in normal, every day life," she says. "I got a little taste of what those Sex and the City girls were up to for so long, which was fun.' Off-screen, Hudson is

grateful she has maintained

Hudson friendship with ex-husband Chris Robinson because it makes their four-year-old son Ryder happy.

"For me it feels like this isn't about me or (Chris). We did it the right way, which is we knew it wasn't right (to stay together) so we wanted it to be great for

Ryder and we got a happy, happy boy," Hudson eavs "We says. spend a lot of time together. We love our baby. With both

working the time and away and travelling, makes it for great

Ryder." METRO NEWS SERVICES

Barton seduces Hartnett?

PEOPLE Mischa Barton spent Monday evening with Josh Hartnett, femalefirst.co.uk reports.

The O.C. star met up with the actor at the London nightclub Bungalow 8 and after chatting the pair reportedly left for his hotel at the end of the night.

Barton, 22, managed to get the 30-year-old actor's attention by reportedly dancing seductively in front of him as he sat talking to Kings of Leon drummer Nathan Followill, but he was initially unimpressed by her moves.

"Josh looked pretty bored

and was totally ignoring Mischa," a source said. "She persisted though, and kept getting closer and closer to their table while dancing provocatively."

Followill was reportedly unconvinced by Barton's display, and was heard warning Josh off the actress.

The source added to Britain's MailOnline website: "Nathan told him that he thought she talks too much." Despite reportedly going to Hartnett's hotel, Barton is said to have emerged an hour later and returned to her own hotel.

METRO NEWS SERVICES



for spring break with her

when the

METRO NEWS

SERVICES

snapped."

celebrity brief

Slim isn't easy for **Gwyneth Paltrow**

PEOPLE Actress Gwyneth Paltrow makes being svelte look easy, but the actress tells Oprah Winfrey that she finds it nearly impossible to stick to a diet, People.com reports. "I just cannot diet," Paltrow, 35, said. "I think maybe it's the idea that you can't

of counting calories. the slender Oscar-winner prefers to work up a sweat. METRO NEWS

SERVICES



celebrity brief

Rihanna suffers from her fame

PEOPLE Rihanna has discovered the negative aspects of fame — she finds life on the "lonely," femalefirst.co.uk reports. Despite mours that she is romancing felsinger low Chris Brown, the hitmaker insists she doesn't have time to date, and she often ends up sitting in hotel rooms by her-

self. **METRO**

NEWS SERVICES

Baldwin almost ended it all

PEOPLE Actor Alec Baldwin wanted to jump out of the window of his New York apartment after an answering-machine message in which he called his daughter a "thoughtless little pig" was leaked on the Internet, imdb.com reports.

In his autobiography A Promise to Ourselves: Fatherhood, Divorce and Family Law, Baldwin describes how he plunged into a suicidal depression when the message to 11-year-old Ireland was revealed to the world.

ing the tape last year, insisting the despair it caused almost led to him taking his own life.

"She land) was off

mother and her phone was turned off for 10 consecutive days," Bald-He also blasts bosses of the website win says. "This had gone TMZ.com for publishon for years now and beep came, I

celebrity brief

Aniston laughs off Mayer heartbreak reports

RELATIONSHIPS Actress Jennifer Aniston has laughed off reports devastated about her recent split from rocker John Mayer, insisting she is happy to move on, imdb.com reports.

The former Friends star broke up with Mayer in August after several months of dating.

Mayer has since reportedly moved on and reunited with former love Maria Marin tabloids claimed Aniston was heartbroken.

But she is keen to show the public she is content with life as a single woman, and claims she doesn't mind the media interest in her love life.

"I've been dealing with it (media speculation) for years and it still feels odd," she tells Britain's Hello! magazine. "But I'm grateful that the public is still interested in my life and my movies - and I hope that I can justify their interest. People are so kind, ultimately. And I'm happy, so don't worry about me!"

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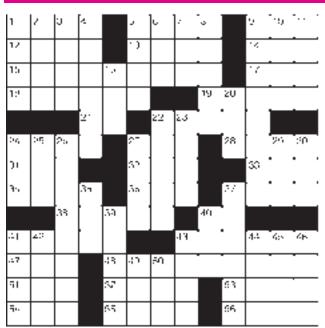






entertainment **25**

Take Five



Sudoku

ARIES

LIBRA

MARCH 21-APRIL 20

long conversation.

SEPT 23-OCT 23

A misunderstanding might be

forgotten. There's a reason to

celebrate in spite of turmoil.

Your progress is affected by a

You'll tell people exactly how

you feel. You have a talent for

dealing with quirks. You'll get

insight from offensive situa-

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3					2			
6				9		8	4	
5		8			6			
7	8	9				6		
1								8
		2				1	3	7
			2			4		1
	5	4		8				6
			3					5

TAURUS

haviour.

SCORPIO

OCT 24-NOV 22

ises is misplaced.

APRIL 21-MAY 21

A control freak has a dismaying

chat. Attend a social event in

the company of others. Don't

investigate any mysterious be-

Dreams help you to under-

stand emotional problems. Peo-

ple comment on your moodi-

ness. Your anxiety about prom-

Crossword across

- 1 Pocket bread
- 5 Gentle soul
- 9 Force
- 12 Tel ·
- 13 Winglike
- 14 Performance
- 15 Sheik portrayer
- 17 Grazing area 18 Main course
- 19 Indigent
- 21 "Why should I care?"
- 22 One of Santa's team
- 24 Donated
- 27 Wrestling surface
- 28 Mounties' org.
- 31 Mideast potentate
- 32 Hearty brew

- 33 Savings-plan acronym
- 34 Unescorted
- 37 History
- 38 Singer Minogue
- 41 Fashion
- 43 Glum
- 48 Ratified
- 52 Satan's field
- 54 Prior to
- 55 Welsh veggie
- 56 Catch sight of

Crossword down

- 1 Macadamize

- 5 Tardy
- 6 Will Smith biopic
- 7 Isle of

- 16 Ultra-modernist
- 20 Alway
- 22 Price
- 23 Particular
- 25 Way back when

- 36 Wrigley product

- 40 "That's a laugh!"

- 47 Melody
- 51 Oahu souvenir
- 53 Conked out

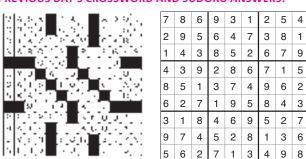
- 2 Terrible guy?
- 3 Pinball no-no
- 4 Loath (to)

- 8 Cheery place?
- 9 Orange variety
- 10 On the rocks
- 11 Obedience-school lesson

- 24 Petrol

- 26 Maiden of Odin
- 27 Creche trio 29 "- Doubtfire"
- 30 Vanna's colleague
- 35 Olive -
- 37 Procession
- 39 Not bumpy
- 40 Coal carrier
- 41 Garage event
- 42 Layer
- 43 "Got —?"
- 44 Elevator name
- 45 Leak slowly 46 Vortex
- 49 St.
- 50 Whopper

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

- 13-17 min Scholar

GEMINI

home.

MAY 22-JUNE 21

SAGITTARIUS

NOV 23-DEC 21

A neutral person becomes in-

volved in a crisis. A relative

questions your life choices. A

budget crisis will give grief at

A friend will create a tempo-

rary disturbance. Simple pleas-

ures produce harmony at

home. Someone's cowardice causes unwise behaviour.

- Under 13 min Genius
- 17-21 min Smart 21-25 min Not bad

25+ min Keep practising

CANCER

Close the door on a poorly behaved person. Take action to restore ethics to business. Do not respond to messages that are less than urgent.

CAPRICORN

JUNE 22-JULY 22

DEC 22-JAN 20 Pay attention to a friendly woman. A personality change inspires someone to take charge. Gloating will cause resentment to build.

JULY 23-AUG 23 An erratic friend causes fresh

LEO

frustration. Make some thrilling changes possible. A job will take longer than expected.

AQUARIUS JAN 21-FEB 18

A power play leads to a bonding experience. Give someone a chance to run and hide. Forestall a confrontation by being considerate.

VIRGO AUG 24-SEPT 22

A sweetheart's coldness results in short-lived pain. A memorable encounter takes place. A flirtation heats up your daydreams.

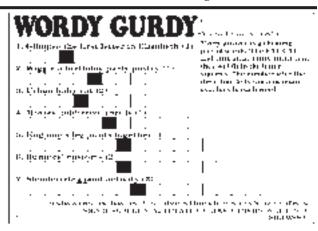
PISCES

FEB 19-MARCH 20

Karma kicks in and everyone has a good laugh. A man forgot to keep a promise to a woman. A stubborn person gives a warning.









Celery Root and Spinach Soup

Celery root (celeriac) makes a rich soup with lots of flavour and a creamy texture.

INGREDIENTS:

- Cooking spray
- 1 large onion, thinly sliced 1 garlic clove, crushed
- 1 celery root (about 1-1/4 lb/625 g), peeled and grated
- 4 cups (1 L) boiling water 1 reduced-sodium vegetable bouillon cube, crumbled, or 2 tsp (10 mL) vegetable bouil-
- lon powder 2 cups (500 mL) washed and trimmed spinach Pinch of nutmeg

Garnish with fresh chives

Salt and pepper

1. Heat a large saucepan coated with cooking spray over medium-high heat. Add the onion and garlic, and cook until the onion is softened but not browned, about 5 minutes. Add the celery root. Pour in the boiling water and add the bouillon cube or powder. Bring to a boil, then reduce the heat

blender or food processor until smooth. Alternatively, you can purée the soup in the pan using a handheld blender. The soup will be fairly thick.

soup slightly and then

purée it, in batches, in a

Cook the soup until the cel-

ery root is tender, about 10

2. Add the spinach to the

soup and stir well. Increase

the heat and bring the soup

pan from the heat. Cool the

to a boil, then remove the

minutes.

3. Reheat the soup, if necessary, then stir in a dash of nutmeg, salt and pepper. Ladle the soup into bowls. Garnish with fresh chives and serve immediately. SERVES 4

rd.ca

For nutritional information on this and other great recipes, go

to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes AVATAR VENUS



Today is National Save Your Money Day.

(But that doesn't mean we care any less about the other 364.)

Every day is the day to celebrate Savers, but today we're taking saving to the streets to show ALL Canadians how small, everyday changes can add up to big, lifelong saving habits.

Saving has never been more valuable.

These days many of us are feeling the pinch. Prices are soaring. How do you combat it? You save. Easier said than done? That's what National Save You Money Day is all about.

We feel so strongly about the importance of growing your savings that today we're going across the entire country, hoping to encourage each and every Canadian to pick up a new saving habit or two.

It's a lifestyle.

Like exercise, or sleeping well, saving is key to staying strong and financially healthy. And like any lifestyle choice, it's the little steps, the new habits that make all the difference. Whether it's making coffee instead of buying it. Or riding a bike instead of driving a car. Savers know that over time, little changes can really add up and help your savings grow.

While the other banks keep your money in their pockets, we'd rather keep the power of saving in your hands.

That power starts today. Take whatever you save today, be it \$1 or \$10 and put it into an ING DIRECT Investment Savings Account. There you'll grow your savings by earning high interest, with no fees, and no minimums.

Visit **saveyourmoneyday.ca** to find out about other National Save Your Money Day events happening in your city, and find out for yourself what 1.6 million Savers already know—that the power of growing your savings is undeniable.

We hope you have a great National Save Your Money Day!

• High Interest • No Minimums • No Fees

